

**EPREUVES JOURNEES DISTRICT MARITIME PISTE 2017**

		GRAVELINES É 29/04/17						GRANDE-SYNTHÉ É 08/05/17						DUNKERQUE É 13/05/17							
		PF	PM	BF	BM	MF	MM	PF	PM	BF	BM	MF	MM	PF	PM	BF	BM	MF	MM		
<b>Courses</b>	50	x	x	x	x	x	x	x	x					x	x	x	x			50	
	100									x	x	x	x					x	x	100	
	1000	x	x	x	x	x	x	x	x	x	x					x	x	x	x	1000	
	2000m / 3000m											x	x					x	x	2000/3000m	
	50m Haies			x	x			x	x					x	x	x	x			50m Haies	
	80m Haies					x														80m Haies	
	100m Haies						x													100m Haies	
	200m Haies											x	x					x	x	200m Haies	
	Marche (1000,2000,3000)											x	x	x	x	x	x			Marche (1000,2000,3000)	
<b>Sauts</b>	LONGUEUR	x	x	x	x	x	x	x	x	x	x			x	x	x	x	x	x	LONGUEUR	
	TRIPLE-SAUT									x	x	x	x							TRIPLE-SAUT	
	HAUTEUR			x	x			x	x			x	x			x	x	x	x	HAUTEUR	
	PERCHE			x	x	x	x									x	x	x	x	PERCHE	
<b>Lancers</b>	POIDS	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	POIDS	
	JAVELOT							x	x	x	x	x	x	x	x	x	x	x	x	JAVELOT	
	DISQUE	x	x	x	x	x	x													DISQUE	
	MARTEAU			x	x	x	x													MARTEAU	
	4x50m							x	x					x	x					4x50m	
	4x60m			x	x	x	x			x	x	x	x			x	x	x	x	4x60m	